



PHOTOS BY: PATRICK RUDDY



After the holiday season we all feel tired and even worse, look a little run down. The Med Spa of New Smyrna Beach is the perfect place to make time for yourself and schedule a little pick me up. The results driven friendly staff offers FDA approved therapeutic and luxurious treatments that can make a real difference in your face and body.

From the moment you walk through the doors, you will be impressed with this boutique style spa, which is classy with just the right amount of trendy. They offer treatments for skin care, nails, waxing and more. What sets them apart from other spas is the access to medical grade treatments that are under the supervision of a medical doctor. Their commitment to state of the art technology, cleanliness, and service can be seen in every treatment, whether it's a copper pot pedicure, body shaping, chemical peels, or laser hair removal.

The Med Spa of New Smyrna Beach is truly committed to bringing you the best of the best - so you can feel absolutely amazing. The experience will leave you feeling truly relaxed, revitalized, and refreshed. Stop by and talk to their knowledgeable staff, or sign up for emails and learn about all the specials and all the events. Also, don't forget to look to them for high quality skin care, makeup, and latisse. They offer full lines of products you can take home and pamper yourself.

What treatments do you recommend for a first timer at The Med Spa of New Smyrna Beach?

We have a wide range of skin rejuvenating treatments &

we are able to customize treatments according to your skin type and your concerns. The HydraFacial MD is a great introduction to not only brighten & tone your skin, but to also prepare your skin for future, more intensive anti-aging treatments.

We heard of great results when it comes to the HydraFacial, a nice skin glow with vitality. Tell us more about this technique.

The HydraFacial MD has quickly become our most popular treatment for the health and maintenance of the skin and for obvious reasons! The HydraFacial MD can help to reverse the damage done by years of sun exposure and environmental pollutants. It has been nicknamed the "Power Wash" because this multi-step treatment cleanses, exfoliates and removes impurities & dead skin cells while replenishing vital nutrients like Antioxidants, Peptides & Hyaluronic Acid. The HydraFacial MD helps to improve the appearance of fine lines & wrinkles while firming and plumping the skin for results that you can see and feel instantly!

Tell us about your average client? What are they typically looking for?

We see clients of every age & ethnicity, but the average concern that clients have is mainly aging. Living in Florida can take a toll on your skin and knowing the proper ways to care for the "Largest Organ" in our body can make all the difference. It is our duty at The Med Spa of NSB to educate clients that skincare is a journey and there is not one magical treatment to fix everything.

What are some tips that you offer your clients when thinking about injectables such as botox or fillers?

You can trust that you will not come out looking fake or plastic. Dr. Adam's takes the conservative, "less is more" approach and individualizes each treatment to meet your goals. Everyone will notice, but no one will know.

Tell us more about UltraShape. After holiday mashed potatoes and Christmas cookies we are looking to trim down!

The Med Spa of NSB was the 1st in the area to begin using the UltraShape & VelaShape for body contouring, and we have achieved phenomenal results! The UltraShape is the first & only FDA cleared, Non-invasive and permanent way to get rid of stubborn and unwanted body fat. Cari and Angela are professionally trained and are extremely knowledgeable in both devices whether you want to eliminate unwanted fat or cellulite. Consultations are always complimentary, and we urge you to schedule your appointment to begin your transformation for the New Year.

Any last words or shout outs?

We offer free consultations and also a 0% financing program. We have monthly events featuring our services, live demos and giveaways. Like our Facebook page and join our email list to stay up to date on our events and specials.



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