



the
medspa
NEW SMYRNA BEACH

WHERE SCIENCE AND BEAUTY MEET
TO REJUVENATE THE FACE, BODY AND MIND

Welcome to The Med Spa of
New Smyrna Beach. A luxury day
spa and state of the art medical
spa, combined into one
all-inclusive beauty destination.

Reserve a complimentary
consultation and let our spa
experts customize an ideal
program to help you meet
your skincare goals!



From aging, sun
damaged skin to
unwanted facial hair,
cellulite or nail issues,
our skilled staff will
address all of your
beauty concerns.





HANDS AND FEET

Signature Marula Oil Manicure \$30

Hydrate dry, stressed skin and nails with this protective Marula Oil Manicure. Warm infused citrus oils prepare your hands for this relaxing treatment which includes filing, cuticle cleanup, buff & polish.

Anti-Aging Hand Treatment \$75

The power of radio frequency skin tightening results in younger looking hands within minutes! This treatment stimulates collagen synthesis for a firmer, more youthful appearance.

Bio Seaweed Gel Manicure \$39

Bio Seaweed Gel is a healthier, longer lasting nail gel as compared to other products on the market. Free of the top 5 most harmful chemicals. Choose from trendy, long lasting colors for a finish that lasts up to 3 weeks.

Signature Copper Pot Pedicure \$55

Relax in a warm, white tea oil soak while positive energy flows through your body with this exclusive Copper Pot Pedicure. Includes filing, buffing, cuticle care, followed by exfoliation, deep massage & polish.

Add on a Cooling Marine Mask for \$5

Express Copper Pot Pedicure \$45

Pampering pedi for the person on the go. Your feet will leave smoother, softer with polish on point in less time than our Signature treatment.

Gentleman's Pedicure \$30

Soak, sit and sip on a ice cold beer in a chilled copper mug while we clean and refresh your feet in just minutes. Every man needs this!

French Polish \$10 | Polish Change \$20 | Soak Off \$10

PERMANENT MAKE-UP AND MICROBLADING

Experience counts! Our artist, Joni Mott, has over 25 years of experience perfecting this procedure. Have your permanent cosmetics applied with a gentle touch with the SofTap® hand method. With strong topical lidocaine, you can relax completely while having your kissable lips, beautiful brows or standout liner applied. The results are beautiful, subtle and natural.

Eyebrow \$375

EyeLiner Top or Bottom \$250

EyeLiner Top and Bottom \$450

Lip Liner \$600

Color Boost \$125-\$250

WAXING

Berodin blue hard wax provides quick and efficient waxing experience that is less painful. Full body waxing available (excluding male Brazilian).

\$10-\$75 pricing based on size of treatment area

BROW AND LASH TINTING

Intensive lash and brow tinting products use only all natural ingredients and contain no coal, tar or other prohibited materials. The patented formulation guarantees quality and longlasting results.

Lash \$20 | Brow \$20 | Lash & Brow \$35

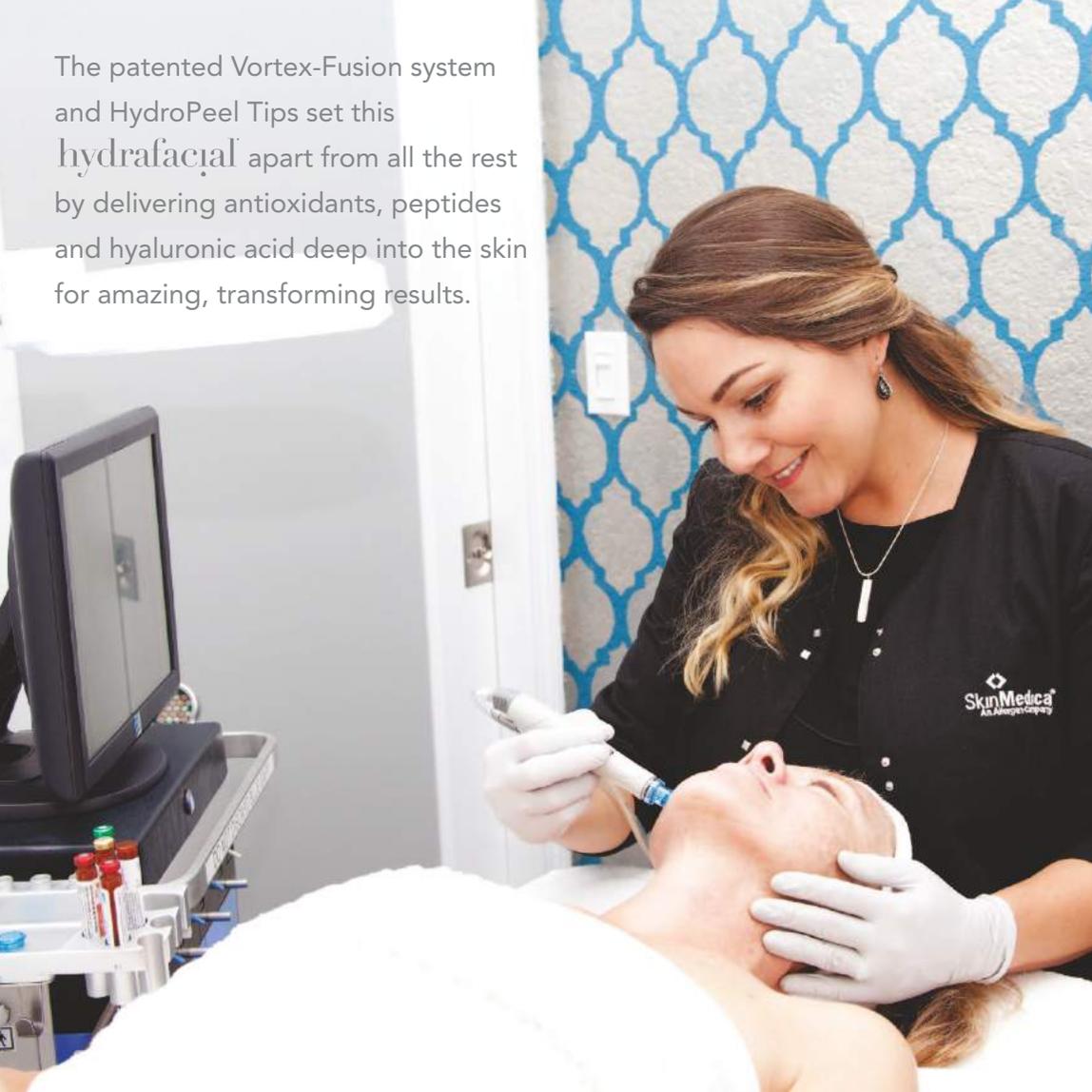
SPRAY TANNING

Achieve a beautiful golden color in as little as an hour with Norvell's organic sunless spray tan. Free of paraben, gluten, sulfate, phthalate, GMO and triclosan.

Ultra Rapid Session \$65



The patented Vortex-Fusion system and HydroPeel Tips set this **hydracial** apart from all the rest by delivering antioxidants, peptides and hyaluronic acid deep into the skin for amazing, transforming results.



Signature Hydrafacial \$150

This treatment deeply cleanses, exfoliates, extracts and hydrates the skin utilizing super serums and LED light therapy to erase environmental damage, reduce fine lines and to instantly plump and firm your skin.

Restorative Deluxe Hydrafacial \$200

An invigorating treatment that includes all of the essentials of the Signature Hydrafacial while adding the highly effective growth factor booster to improve the appearance of skin tone, texture and elasticity. This treatment concludes with LED light therapy.

Radiance Hydrafacial \$175

Targeted to reduce hyperpigmentation caused by environmental and hormonal factors, this treatment uses the booster Britenol to minimize the appearance of dark spots.

Age-Refinement Hydrafacial \$175

Age is just a number. Erase the years by indulging in this age defying treatment that includes a DermaBuilder booster to reduce the appearance of fine lines and wrinkles.

Clarifying Hydrafacial \$175

Suited for those who suffer from acneic skin, this treatment includes extended extractions, 30% glycolic/salicylic serum and blue LED light therapy to reveal the clearest and best skin of your life. Best results with a maintenance of treatments throughout the year.

Platinum Hydrafacial \$250

The ultimate HydraFacial experience! Begin the detoxification process with lymphatic drainage. Then, the Signature HydraFacial deeply cleanses, exfoliates, extracts and hydrates the skin while addressing your specific skin concerns with a booster of your choice. This treatment concludes with LED light therapy to further reduce the visible signs of aging.

Buy 5 treatments, get 1 free





MASSAGE

Connective Tissue \$80

Clearing adhesions and correcting strain patterns for optimal posture and freedom of movement. Perfect depth, whether you prefer light touch or deep tissue.

Swedish Massage \$80

Gentle and restorative. This classic but blissful relaxation massage uses light to medium pressure and improves circulation and wellbeing.

Cranial Touch \$100

Deeply relaxing, meditative massage is gentle and non-invasive. Intuitive touch promotes the unity of the body and mind. Emerge more centered in love and freedom with a youthful, healthy glow.

Prenatal \$100

Promotes rest, relaxation, improved circulation and eases the physical and mental challenges that accompany pregnancy. For the mother-to-be after the first trimester.

Sports \$100

For the athlete or weekend warrior. Assists in injury prevention, post-event recovery, and injury rehabilitation. Promotes peak athletic performance by enhancing flexibility, optimizing muscle function, reducing muscular adhesions, and flushing cellular waste.

Deep Tissue \$100

Reduce muscular tension and reset chronic muscular stress patterns. Improve range of motion ease of movement.



CHEMICAL PEELS

Your more youthful, radiant appearance is ready to be revealed. Accelerate skin exfoliation, reveal a renewed and more uniform complexion, diminish the appearance of fine lines and sun damage. Chemical peels can do it all with minimal downtime. Results are cumulative.

Illuminize Peel \$125, 3 Treatments \$375

Appropriate for first-timers, patients with mild skin imperfections or patients that are looking for a brighter, more radiant skin with no downtime.

Vitalize Peel \$150, 3 Treatments \$450

For those with mild-to-moderate skin imperfections that result from skin aging and sun exposure, such as fine lines and wrinkles, uneven skin tone and texture. Also address skin unevenness that can be caused by acne scarring or other pigmentary changes.

Rejuvenize Peel \$200, 3 Treatments \$600

An intense peel, best suited for those with more severe damage and want faster results. Peeling times may vary. Our expert staff will help you decide which peel is best for you.

A series of 3 treatments includes
Post Care Products (\$60 value)

EXFOLIATION AND RESURFACING

DERMAPLANING \$50

Facial dermaplaning removes years of dull skin and vellus hair/peach fuzz, to reveal your true complexion and a radiant glow.

w/Brightening Vitamin C \$75

w/Platinum Firming Mask \$75

Add on dermaplaning to any service \$25

DERMAL INFUSION SILK PEEL \$250

Dermal Infusion is an unrivaled skin resurfacing treatment that will give you immediate and long lasting results. This 3 in 1 technology is customizable to each skin concern and volumizes the skin by 70% to reduce fine lines and wrinkles. Dermal Infusion is your solution for healthy, vibrant and rejuvenated skin.

Back or Chest Clarifying Treatment \$250

Elbow, Knee or Heel Rough Skin Treatment \$75 per area

Buy 5 treatments, get 1 free



NON-INVASIVE FACIAL REJUVENATION

RADIO FREQUENCY SKIN TIGHTENING

Do you desire firmer, tighter looking neck and face with a safe, painless, but effective treatment? Viora's cutting edge technology uses heat combined with vacuum therapy to stimulate collagen remodeling and elastin synthesis. By addressing loose skin and wrinkles it leads to a younger, more contoured you.

Eyes, Nasolabial folds or Lips \$125 each, 6 treatments for \$600

Jowls and Neck or Décolleté \$250 each, 6 treatments for \$1325

A series of 6 treatments includes
SkinMedica Retinol Complex 0.25 (\$62 value)

Before



After





MICRONEEDLING

Your #1 priority on your path to facial rejuvenation! After topical numbing, tiny needles create micro-injury to the skin to stimulate the body's natural healing process, resulting in collagen and elastin production. This is a great option for nearly all skin types and is proven to address mild to moderate skin laxity and tone, scarring, irregular skin texture, fine lines and facial wrinkles.

1 treatment \$280, 3 treatments \$750

MICRONEEDLING WITH PLATELET RICH PLASMA (PRP)

Also known as the "Vampire Facial", this treatment uses your own PRP which contains concentrated platelets, growth factors and active proteins needed for tissue regeneration and injury healing. A small amount of your blood is drawn and the PRP is separated and applied to your face. In the weeks following, this collagen-producing response will reveal healthy skin that looks refreshed and rejuvenated. You will receive all the amazing benefits from regular Microneedling in a more powerful punch.

1 treatment \$600, 3 treatments \$1500

Each series of 3 treatments includes
SkinMedica TNS Recovery Complex (\$220 value)

HAIR RESTORATION WITH PRP \$600

Highly effective for both men and women, PRP hair treatment can help reverse hair loss and stimulate the formation of new hair follicles along the hairline. Your PRP is injected into the scalp so that the hair grows back thicker and stronger with cells that create new blood vessels in the scalp to nourish with a new infusion of oxygen and nutrient-rich blood.

FACIAL INJECTIONS WITH PRP \$600

Achieve a deeper collagen-producing response by having your PRP injected in to your targeted areas such as deep lines, creases and under eye circles.

INJECTABLES



Botox® is the only FDA approved treatment to temporarily improve both moderate to severe frown lines and crows feet – the repeated muscle contractions from frowning and squinting over the years. Botox® temporarily reduces the muscle activity so you'll begin to notice a visible smoothing of lines to get the natural results you have been looking for!

Botox® \$12/unit

Bank Your Botox®

Buy 80 at \$10/unit and use them whenever you want!

Before



After (Day 7)



DERMAL FILLERS

Dermal Fillers contain Hyaluronic acid which immediately plumps your skin, restores age-related volume loss in cheeks, smooths and softens smiles lines, and naturally enhances the perioral area and lips. Dr. Adams and Ashley Pontenberg, ARNP, are expert injectors with over 15 years of injecting experience between them and are dedicated to giving you a 100% NATURAL, long lasting result.

 Juvéderm® | V O L B E L L A® X C | V O L L U R E™ X C

\$400/Half Syringe | \$600/Syringe

V O L U M A™

\$800/Syringe

Buy 2 syringes and get your third half off and
\$100 off each additional syringe.

kybella™

Kybella™ is a deoxycholic acid, a naturally occurring molecule in the body that aids in the breakdown of fat. Kybella™ is injected into the fat beneath your chin and causes the destruction of fat cells, minimizing the appearance of the "double chin."

1 treatment \$600, 4 treatment \$2000



LASER SERVICES

PHOTOFACIAL

Photofacial with the GentleMax Pro® rejuvenates skin by removing sun spots, reducing redness and reversing the signs of aging. These treatments precisely target hyperpigmented areas such as age spots as well as redness caused by rosacea and sun damage. This is a safe and effective treatment, however clients must ensure their skin is properly protected from sun exposure and follow all post treatment instructions carefully. Produces optimal results with no down time!

1 treatment \$300, 4 treatments \$1000

Sun Spot Removal \$65 & up

LASER HAIR REMOVAL

Never shave or wax again! Our GentleMax Pro® laser destroys hair follicles at the base by delivering an intense but gentle burst of energy. Treatments are performed every 4-6 weeks in order to target every hair follicle during their most susceptible stage of growth. Best results after at least 6 treatments. Proven safe and effective for most all skin types. Preparation for treatment requires shaving and avoiding sun exposure.

Top Lip \$50

Chin or Side Burns \$80

Under Arms or Partial Bikini \$150

Brazilian, Partial Leg/Arm \$200

Chest or Back, Full Leg/Arm \$300

Buy 5 treatments, get 1 free

BODY CONTOURING AND FAT DESTRUCTION

ULTRASHAPE POWER

UltraShape Power is the first and only FDA-cleared non-surgical procedure that uses pulsed, focused ultrasound energy for fat cell destruction just below your skin's surface. Rapidly changing pressure waves cause the targeted fat cells to rupture which are then eliminated naturally. UltraShape Power's fat destruction, when combined with a healthy lifestyle, can deliver the body you've worked hard for. Pricing depends on the desired treatment area based on consultation and requires at least 3 treatments.

Starting at \$500 per treatment

CELLULITE REDUCTION

Radio-frequency technology combines infrared light and bi-polar radio frequency that is clinically proven to reduce the appearance of cellulite in a comfortable and quick procedure, resulting in smoother skin to the thighs, legs, abdomen and arms.

\$450 per treatment

\$400 per treatment with purchase of a series of 4 or more

\$350 per treatment with purchase of a series of 10 or more



 UltraShape[®]
POWER


VIORA





Abigail Adams, M.D.



Cari Hickman, Spa Manager

Owned and operated under the medical direction of physician Dr. Abigail Adams, The Med Spa differentiates itself from the traditional day spa by offering non-invasive, aesthetic medicine services by our results-driven team of experts.

We pride ourselves on carefully choosing top-of-the-line, scientifically proven products and procedures. Our specialized protocols will dramatically reduce the appearance of fine lines and wrinkles, improve skin tone, texture and elasticity and put you on the path to beautiful skin.



Hours of Operation

Monday 9:00am - 5:00pm

Tuesday 9:00am - 7:00pm

Wednesday 9:00am - 5:00pm

Thursday 9:00am - 5:00 pm

Friday 9:00 am - 4:00 pm

Saturday By Appt. Only

Sunday CLOSED

the
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NEW SMYRNA BEACH





the
medspa POLICIES

FIRST VISIT | Please arrive 15 minutes prior to your first appointment. Bring your current skin care regimen to your consultation.

LATE CANCELLATION & NO SHOW APPOINTMENTS
We have a 24-hour cancellation policy on all appointments. A credit card is required to book ALL appointments to cover our policy. Late cancellations and no shows will result in a \$50 fee.

PAYMENT & GRATUITY | Our practice is limited to elective aesthetic medicine, we do not bill insurance. We take cash, credit and check as well as 0% financing through Care Credit.

GIFT CARDS | Gift cards may be used toward any product or service and are not redeemable for cash.

REFUNDS | We do not offer refunds on services rendered even if you are disappointed with the result. Products are not refundable. Exchanges are allowed within 7 days if there is a documented allergic reaction or defective pump.

FULL DISCLOSURE | We strive to ensure that you understand and consent to the treatments you receive and are aware of the risks, benefits and expected outcome.



the
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